



Blood, Sweat and Tears Part One: Encased in Dust Book One (Paperback)

By MR Mark I Brislin

Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.Why Blood, Sweat and Tears? When a heart is touched by the events of life, for example, the more unsavoury, those situations and words that rip one's heart to shreds; then if you are a poet (or even if not) it seems to be a release, a form of written therapy, self expression which has to be employed. I call it my poetical diary. I gave up writing a diary years ago, mainly because of two reasons. One, to be so dedicated and disciplined to write an entry almost every day seemed just a bit too much. Two, some of my girlfriends actually tried to read my, so called, secret thoughts , which annoyed me greatly. In poetry I can keep a diary of sorts, without the fear of someone reading something I don't wish them to read. Within this work I have compiled all those poems that I considered fit into the category of the title; expressing, the hurts tears and fears of a wounded heart.



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This published publication is wonderful. Of course, it is actually engage in, still an interesting and amazing literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

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