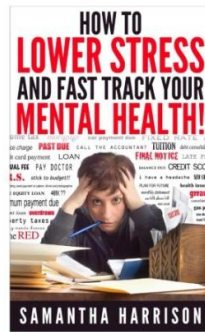


## How to Lower Stress: And Fast Track Your Mental Health (Paperback)



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