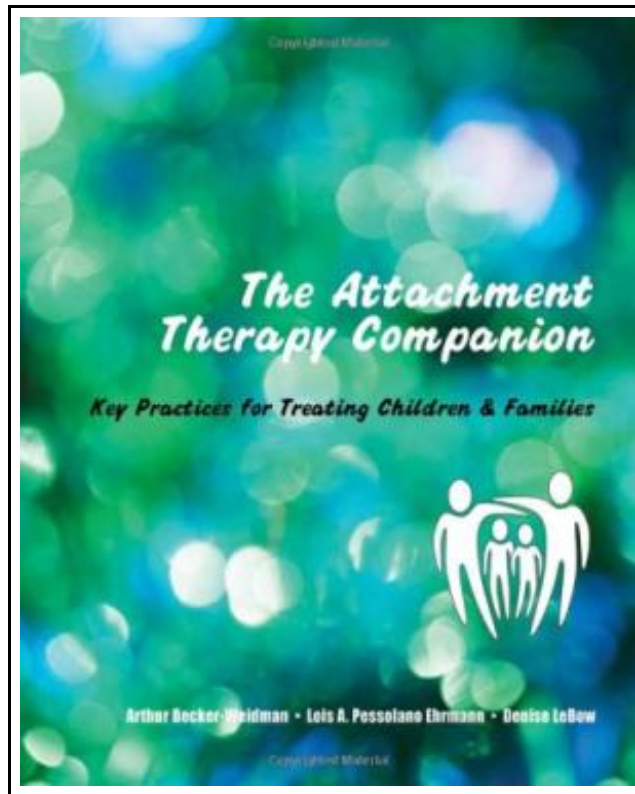# The Attachment Therapy Companion: Key Practices for Treating Children & Families

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(Dr. Curt Harber)

THE ATTACHMENT THERAPY COMPANION: KEY PRACTICES FOR TREATING CHILDREN & FAMILIES

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WW Norton & Co. Paperback. Book Condition: new. BRAND NEW, The Attachment Therapy Companion: Key Practices for Treating Children & Families, Arthur Becker-Weidman, Lois A. Pessolano Ehrmann, Denise LeBow, Here in a single accessible guide, is a comprehensive go-to resource on the foundational principles and treatment guidelines for doing attachment therapy. Based on the work of the Association for Treatment and Training in the Attachment of Children (ATTACh), a leading organization on attachment in child development, it provides all the nuts and bolts a clinician needs to be familiar with to provide effective, informed, attachment-focused treatment to children and families. * A synopsis of attachment theory and styles * Core principles of attachment-focused therapy (synchrony, attunement, reciprocity, repair, regulation, and more) * Core concepts of trauma and trauma-focused therapy (resistance, therapeutic, and building a coherent narrative) * Intake and assessment methods * Differential diagnosis * Best practice standards and interventions * PTSD and other comorbidities * Treatment planning and behavior management * Vicarious trauma Complex trauma and developmental trauma disorder are also covered in depth, as well as up-to-date information on how brain science has changed our understanding of relationships and developmental functioning, and, in turn, phases of treatment and intervention options.

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