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Human Frailty, Divine Redemption: The Theology and Practice of the Examen

By Marko Ivan Rupnik

Pauline Books & Media. Paperback. Book Condition: New. Paperback. 112 pages. Dimensions: 7.1in. x 4.9in. x 0.4in. Do you desire deeper communication with God? In *Human Frailty, Divine Redemption: The Theology and Practice of the Examen*, Marko Rupnik explains how the Ignatian practice of the examen leads us to listen to the Spirit. Taking a fresh look at the daily examination of conscience as a spiritual art of prayer and discernment, he explores some of the theological truths that are the basis for this prayer: -Our call to union with Christ -The place of memory in life-giving relationships-The effect of sin and sinfulness on relationships-The power of the redemption in our life-Union with the three Persons of the Trinity-Our need to discover that we are loved He describes this examination of conscience as listening to our heart, as a conversation with God, and as contemplation. Explaining the multiple benefits of this prayer for growing in self-knowledge, in relationship with God, and in discernment, the examen is depicted as an irreplaceable means to nurture a deeper spiritual life. It helps us become aware of how the life and love of God dwell within us. After suggesting a method for making the examen,...



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