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Createspace, United States, 2001. Paperback. Book Condition: New. 210 x 138 mm. Language: English . Brand New Book ***** Print on Demand *****. This book is a guide to one of the prime purposes of life. Naturally everyone wants to be happy. Why else do we keep living and working? Now you can find greater levels of happiness and fulfillment. Using this knowledge from the East, you can get clear advice on the path for reaching an independent and uninterrupted feeling of well-being. This information is sure to open your eyes to higher possibilities. It can awaken you to the natural joy that always exists within your higher Self. Many people consider happiness as something found with the increase of sensual pleasure and comforts. Others look for position, or ease of living, thrills, or more money and what it can buy. However, by using this wisdom and advice from the East and taking an alternative look at what is provided herein, we get guidance on our true position and the means necessary for reaching the happiness for which we always hanker. Some of the topics include: What keeps us from being truly happy. Your spiritual Self is beyond all material limitations. How all suffering exists only within the illusion. How to uplift your consciousness. How your thoughts and consciousness create your future and determines your state of happiness and outlook on life. How to defend yourself from negativity. How real independent and self-sufficient happiness is already within you, and how to unveil it. How to enjoy that ever-existing pleasure within. This book and its easy to understand information will show you how to experience real happiness and joy, and reach the spiritual level, the platform of the soul, beyond the temporary nature of the mind and body.

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